

BOYS

Place	Name	YoB	Club	Time
1.	Chad HO	(90)	South Africa	0:35:48.4
2.	Matthew VYSE	(89)	Hatfield	0:36:25.6
3.	Craig JACKSON	(90)	Greenwich	0:36:27.7
4.	Charl VAN ZYL	(90)	South Africa	0:36:34.8
5.	Alain LOTRIET	(89)	South Africa	0:36:49.6
6.	Mark DE SWARDT	(89)	South Africa	0:36:52.1
7.	Matthew HENRY	(90)	Kelly Coll	0:37:31.8
8.	James SOWERSBY	(89)	Scarborough	0:38:39.2
9.	Lewis MATTIN	(90)	UEA Norwich	0:39:01.2
10.	Myles BROWN	(92)	South Africa	0:39:03.9
11.	Faffa MULLER	(89)	South Africa	0:40:09.2
12.	Nick AYERS	(91)	St Bedes Sch	0:42:56.1
13.	Chris WALSH	(90)	TauntonDeane	0:43:29.9
14.	Shaun FALCONER	(91)	Co Glasgow	0:43:34.1
15.	Jack STEVENSON	(93)	Bingham	0:45:22.8
16.	Jamie SCOTT	(92)	Nova Cent'n	0:45:56.0
17.	Dan SEAGROVE-CASTLE	(93)	Dover Lifegu	0:48:16.5
18.	Tom RUSSELL	(91)	Dover Lifegu	1:00:17.4

GIRLS

Place	Name	YoB	Club	Time
1.	Demitra DRAKOPOLUS	(89)	South Africa	0:37:54.6
2.	Louise SMYTH	(90)	South Africa	0:37:57.8
3.	Aj LOGAN	(89)	South Africa	0:38:12.1
4.	Rebecca DUDLEY	(91)	Northampton	0:38:48.8
5.	Rene WARNES	(92)	South Africa	0:38:51.1
6.	Jo-ann MCGARVEY	(89)	Ren 96	0:38:54.8
7.	Rebecca HARRIS	(89)	St Felix Sch	0:40:22.8
8.	Jennifer DAVIS	(91)	Carnegie	0:41:38.4
9.	Caroline BALL	(89)	Kelly Coll	0:42:20.9
10.	Lottie HUDSON	(92)	Barnet Copt	0:42:26.4
11.	Sian SLOAN-DENNISON	(91)	Co Glasgow	0:42:44.1
12.	Rhiannon CAUSEY	(91)	West Suffolk	0:42:59.1
13.	Alexis SMITH	(90)	Co Glasgow	0:43:27.8
14.	Hannah ROBERTS	(91)	Lydney	0:43:57.7
15.	Gracie DACK	(90)	Barnstaple	0:44:03.0
16.	Lucinda PATTEN	(91)	Plymouth Lea	0:44:27.9
17.	Laura AUSTIN	(91)	Dover Lifegu	0:46:24.3
18.	Lauren GLINDON	(90)	Dawlish	0:46:29.6
19.	Hannah LEWIS	(91)	Watford	0:47:58.7
20.	Ra'eeshah HENDRICKS	(90)	South Africa	0:49:07.2
21.	Susan WARDEN	(90)	West Dorset	0:49:34.6